

Rotations

JANUARY 29, 2004 *Official Weekly Bulletin of the Rotary Club of Lafayette*

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THE PREZ SAYS : DASHING

through the Snow...What a great train ride!...a few of us attended the Reno Train Trip, had a relaxing ride to Reno, made lots of money gaming...Consumed too much food (but it was good!) attended the Reno Interclub meeting and heard from Quarterback Craig Morton, rode the train

home through a snow storm...it was fun, plan to attend next year, more members from our club will make it even more fun!

This is the last chance to get your ticket for the annual Lamorinda/Rossmoor Interclub Meeting. It will be held at the Gateway Complex at Rossmoor, get your ticket from Charlie, \$18 to hear Sharon Tennison describe her work with Russian entrepreneurs...hosted refreshments start at 11:30, meeting starts at noon, let's all attend this important

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TODAYS SPEAKER:

LARRY DUSON

THE STATE OF THE CHAMBER

ROTARY INTERNATIONAL CALENDAR

January Rotary Awareness Month

16 Presidential Celebration RYLA, Perth, Australia

31 Presidential Celebration Poverty Alleviation, Manila, Philippines

February World Understanding Month

15-22 International Assembly, Anaheim, California, USA

23 Rotary's 99th anniversary

March

8-14 World Rotaract Week

13 Presidential Celebration Interact/Youth Exchange, Pigeon Forge, Tennessee, USA

18 Presidential Celebration Literacy and Education, Macon, Georgia, USA

27 Presidential Celebration Family of Rotary, São Paulo, Brazil

April Magazine Month

2 Presidential Celebration Health Concerns, St. Petersburg, Russia

May

23-26 RI Convention, Osaka, Japan

JUST THE FACTS

Rotary clubs* 31,561

Rotarians worldwide* 1,227,545

Rotary countries 166

Rotaract** 7,555 clubs; 173,765 estimated members

Interact** 9,256 clubs; 212,888 estimated members

Rotary Community 5,298 RCCs; Corps** 121,854 estimated members

* As of 30 June 2003** As of 30 September 2003

REGISTER AT THE ROTARY INTERNATIONAL WEB SITE FOR ACCESS TO SPECIAL BENEFITS FOR ROTARY MEMBERS

Go to the Rotary International web site address at www.rotary.org and select the **MEMBER ACCESS** button to navigate to the registration page.

You will need the following information to register:

District Number:

Club Number:

Membership ID:

What are my member, club, and district ID numbers?

Your member ID is shown as the first eight digits directly above your name on the address label of your copy of The Rotarian. If you don't know your club ID or district number, ask your club president or secretary to look them up in the semi-annual report. You can also request your ID numbers by contacting the Department of Data Services at data@rotaryintl.org.

meeting...last week we heard from Kevin Useldinger an exercise specialist who works with businesses and individuals... he stresses moderation in diet and exercise, we need a balance of rest, fuel, and activity (I guess I'm overbalanced on the fuel part) for good health... he used a "fat caliper" to determine % of body fat quickly, and promotes a small, very portable exercise machine to produce concentrated activity...sounds very healthy, Lend A Hand.



Lend a Hand

Ron Wake

Upcoming Programs and Events:

- Feb 1st,** Super Sunday; Warren Rupf's Super Bowl benefit party, Scott's Seafood in Walnut Creek, see Ed Stokes for tickets! Sounds like a great party!
- Feb 4th,** Wednesday annual Interclub meeting Rossmoor, tickets on sale soon, this is our meeting for the week!
- Feb 4th,** Wednesday Board meeting at Bill Eames office, 5:30
- Feb 7th,** Saturday Meals on Wheels crab feed, see Bob Underwood to reserve our place!
- Feb 27th,** Friday Alpine Meadows Rotary Ski Challenge.
- April 9th,** Friday Rotary Night at the Town Hall Theater.
- April 30th,** Friday May 1st Sat; District Conference, Redding. Meet Rotarians from other clubs, see what they have done!
- May 15th,** Saturday Rotary concert at the Res.

Rotary Club of Lafayette
P.O. Box 103
Lafayette, CA 94549

Make Up Meeting locations in the area, Mon 12:15 Danville-Brass Door,
Tues 12:15 Moraga, Soda Center, Wed. 12:15 Orinda-
community center, Fri 7AM Lamorinda-Veterans Hall

SCHEDULED GREETERS:

JANUARY	29	BOB SHUSTA: AUTHOR
FEBRUARY	4	INTERCLUB MEETING ROSSMOOR
FEBRUARY	12	BARRY TOOMAJIAN: REAL ESTATE, MANAGEMENT

BIRTHDAYS

Jack	Clarkson	1/1/2003
F. W.	Moulthrop	1/20/2003
Douglas	Johnson	1/27/2003

ANNIVERSARIES

WEDDING & CLUB

Chris	Lane	1/29/2003
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